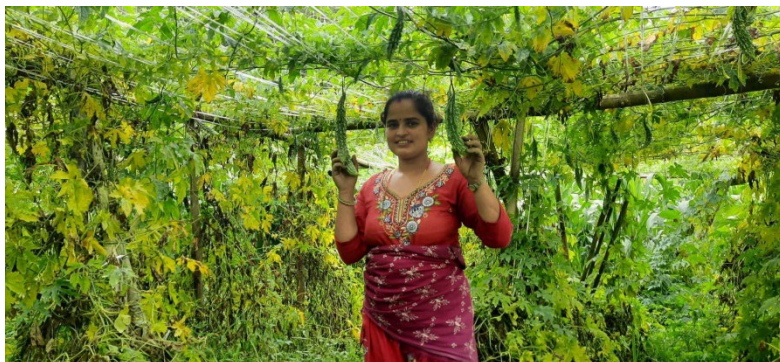


How SFL Encouraged Durga Nepal to be a Successful Commercial Farmer

Durga Nepal, a permanent resident of Dhulikhel municipality 11, Patlekhet, Kavrepalanchowk is a 27 year young and energetic farmer living with family of 6. Specially involved traditional farming of maize & barley, the family also cultivated vegetables such as cucumber (in 3



ana), tomato (in 4 ana), cauliflower (in 6 ana), cabbage (in 6 ana), Rayo Marfa (in 2 ana), bitter gourd (in 3 Ana) in total area of 1.5 ropani in two crop cycles. Even after all that, earnings from agriculture were

not enough to run the household.

Unaware of modern agriculture technology and knowledge, Durga and her family were unable to develop themselves into commercial vegetable farmer and often thought of giving up the occupation.

In 2020 "Speed for Life-CEAPRED ASIA AID" was launched in Dhulikhel and Durga enrolled herself in Laligurans mixed Farmer Group. Soon after discussion and suggestion from SFL project staff, Durga changed her strategy, learnt about modern technologies, actively participated in group meetings, trainings and consultation with the technicians for sustainable commercial vegetable farming along with inputs supply.



The group also recommended her as a model farmer for tomato production as well as

for other technical knowledge. "I am happy that I got opportunity to stay in the group and learnt about modern and IPM technologies" said Durga happily.



The project has supported her technically and with inputs such as silpolin plastic support of drip irrigation, plastic mulch,

green net, technology, plastic drum, IPM tools, seeds etc.

Durga now has increased her vegetable production. At present, she cultivates cauliflower, cabbage, tomato, bitter gourd, cucumber, pumpkin, board leaf mustard, beans, green coriander, chilli, radish, etc with the help from her family. As of now, She has already sold 250 kg tomato worth Rs.12,500 (Rs.



50/Kg), 100 kg cucumber worth Rs. 4,000 (Rs 40/kg), 200kg bitter gourd in Rs. 12000 (Rs60/kg). Likewise, she sold 150kg broad leaf mustard worth Rs. 6000 (Rs. 40/kg), 40 kg beans in Rs. 2400 (Rs. 60/kg) and 50kg Akabare chilli worth Rs. 7500 (Rs. 150/kg).

SFL aims to establish farmer in commercial farming and improve their livelihoods. “It’s the project contribution that held me to continue farming and extend my business” said Durga. She wishes to receive continued support and technical guidance in the future as well.

Major crops: cauliflower, cabbage, tomato, bitter gourd, cucumber, pumpkin, board leaf mustard, beans, green coriander, chilli, radish

Project support:

- GAP training
- Project Support: Drip set
- Regular follow up
- Total land Coverage: 3 Ropani

Sales record:

Tomato	250 Kg @	Rs 50 per kg	= NRs.12,500
Cauliflower	40 Kg @	Rs 40 per kg	= NRs. 2,000
Cucumber	100 Kg @	Rs 40 per kg	= NRs. 4,000
Cabbage	250 Kg @	Rs 24 per kg	= NRs 6,000
Bitter gourd	200 Kg @	Rs 60 per kg	= NRs. 12,000
Broad leaf mustard	150kg @	Rs. 40 per kg	= NRs. 6,000
Green Coriander	30Kg @	Rs. 50 per kg	= NRs. 1,500
Beans	40kg @	Rs. 60 per kg	= NRs. 2,400
Akabare	50kg @	Rs. 150/ kg	= NRs. 7,500
Pumpkin	60Kg @	Rs. 30/kg	= NRs. 1,800
Radish	40Kg @	Rs. 40/kg	= NRs. 1,600

In .75 ropani land garlic production is ongoing.

Total Sale Amount: NRs. 57,300 in this season